



PREVENTATIVE MENTAL HEALTH WELLNESS

3-Day Basic Peer Support Training

P.O.S.T. Certified
1541-43157-23 (24-Hours)

Instructors



Dr. Gina Gallivan



*Gabe Lira,
Retired Sgt.*

Cost:
\$299.00 Per Person

Location:
Palm Springs Police Dept.
200 S. Civic Drive
Palm Springs, CA 92262

Discount Resort Rate:
Legacy Villas Resort
48800 Legacy Drive
La Quinta, CA 92253
\$100.00 per night Discount Code FR15
Extend your stay before or after the class

Date:

September 16-18, 2024

Time: 8:00 AM – 5:30 PM

Registration: Monday, 9/16 @ 7:30 AM

Training Description:

Public safety employees work in unpredictable, high-stress environments that can take an overwhelming mental and emotional toll. Stress can cause health problems, substance abuse, and mental illness. Peer Support members are co-workers who are trained by a licensed psychologist to help provide private and confidential (AB-1117) emotional support, psychoeducation, and appropriate referrals. Peer Support is an intervention that relies on shared experiences and trust to provide support and identify a potential high-risk situation before a crisis event occurs. The supportive environment created by a Peer Support Team is highly beneficial to both employers and employees.

Register Here:



FOR MORE INFORMATION CONTACT BRENDA HULSEY @
424-289-0299 OR BHULSEY@TUWP.ORG