

Wellness on the Front Line

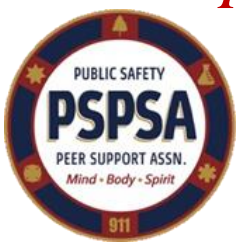
1st Annual Conference & Exhibit

San Diego, CA

September 13-16, 2016

Revised and Updated

Presented by:



PSPSA

*Public Safety Peer Support
Association (PSPSA)*

www.pspsa.org



WELLNESS ON THE FRONT LINE

The Public Safety Peer Support Association is excited to be offering their 1st annual conference, **Wellness on the Front Line**. The conference will bring you or your team to beautiful Mission Bay in San Diego, California at the Dana on Mission Bay. This unique training and fellowship opportunity will occur over three days from September 14-16, 2016. An optional pre-conference day will be available on September 13, 2016.

A vibrant and resilient peer support team is not reactionary in its focus. The 2016 conference unites a spectrum of public safety disciplines with a common purpose, bringing wellness to the front line of public safety. The Public Safety Peer Support Association is excited to offer nationally recognized speakers to present on topics including: Emotional Survival, Peer Support Response to a Line of Duty Death, listening and communication techniques, mindfulness, resiliency and more. The optional pre-conference day is offered for Peer Support team building. Team leaders, mental health professionals and chaplains will provide an opportunity for teams to build resilience and unite together in the effort to withstand the rigors of peer support demands.

Register online at PSPSA.org to save time!

SCHEDULE AT A GLANCE

Tuesday, September 13

7:30 AM – 8:30 AM	Training Registration (Pre-conference and Main Conference)
8:30 AM – 9:00 AM	Introduction of Board Members and Committee Members
9:00 AM – 10:00 AM	Training: Prescription Drug and Alcohol Addiction in Law Enforcement
10:15 AM – 11:30 AM	Training: Effective Communications for Building Relationships and Developing Trust
11:30 AM – 1:00 PM	Lunch
1:00 PM – 3:00 PM	Peer Support Team Building (4-groups)
3:00 PM – 5:00 PM	Peer Support Team Building (4-groups)
5:00 PM – 7:00 PM	Registration for Main Conference

Wednesday, September 14

7:00 AM – 8:00 AM	Training Registration for Main Conference
8:00 AM – 8:30 AM	Opening Ceremonies
8:30 AM – 11:45 AM	Emotional Survival
11:45 AM – 1:15 PM	Lunch
1:15 PM – 2:30 PM	Yarnell Hill Fire Lone Survivor and CISM Responders
2:45 PM – 3:45 PM	Peer Support Response to the San Bernardino Terrorist Attack
3:45 PM – 5:15 PM	Aurora Colorado Theater Shooting
5:30 PM – 8:30 PM	Social Event
7:00 PM – 9:00 PM	Friends of Bill

WELLNESS ON THE FRONT LINE

Schedule Continued

Thursday, September 15

8:00 AM – 8:15 AM

8:15 AM – 9:15 AM

9:15 AM – 10:15 AM

10:30 AM – 11:45 AM

1:15 PM – 3:15 PM

3:30 PM – 4:45 PM

4:45 PM – 5:00 PM

Good Morning (2-Raffles)

Response to a Line of Duty Death

Role of a Public Safety Chaplain

The Story of a California State Correctional Sergeant

Overcoming Adversity – Panel of Speakers

Developing a Respectable Peer Support Team the Hard Way

Closing for the Day (2-Raffles)

Friday, September 16

8:00 AM – 8:15 AM

8:15 AM – 9:30 AM

9:45 AM – 12:30 PM

12:30 PM – 1:00 PM

Good Morning (2-Raffles)

Building a Resilient Peer Support Program

Bullet Proof Mind

Closing Ceremonies (2-Raffles)

CONFERENCE EXHIBITOR OPPORTUNITIES



\$500

Eight Available

- Wednesday & Thursday, September 14 & 15, 2016
- 7:00 AM to 6:00 PM
- Either a 6 or 8-foot table with 2 chairs outside main conference room (indoors), electrical power provided (two 6-foot and six 8-foot tables available on a first come, first serve basis)
- Exhibitor's name and logo on PSPSA website with link to exhibitors website through September 2017
- Exhibitors are invited to provide material (business cards, pamphlets, flyers etc.) to be included in all goodie bags

TRAINING SCHEDULE

Register now for the Public Safety Peer Support Association (PSPSA) 1st Annual Conference. You will earn POST, STC or EMSA/ICEMA credit.

Tuesday, September 13, 2016 (Pre-Conference)

Introduction

8:30 AM to 9:00 AM

Lorenzo Glenn, Lieutenant – Anaheim Police Department

PSPSA President

Board Members and Committee Members

Prescription Drug and Alcohol Addiction in Law Enforcement

9:00 AM to 10:00 AM

Presenter: *Michael Rodi, Deputy*, Peer Support Coordinator – Los Angeles County Sheriff's Department

Effective Communications for Building Relationships and Developing Trust

10:15 AM to 11:30 AM

Presenter: *John Hintz, Detective* – San Diego County Sheriff's Department

Lunch

11:30 AM to 1:00 PM

Peer Support Team Building

1:00 PM to 3:00 PM and 3:00 PM to 5:00 PM

8-Groups available - Register your team early to ensure a time slot.



Wednesday, September 14, 2016

Opening Ceremonies

8:00 AM to 8:30 AM

Lorenzo Glenn, Lieutenant – Anaheim Police Department
PSPSA President and MC: *Mike Massey, Investigator*, San Diego District Attorney's Office (Retired)
Welcome to Wellness on the Front Line

Emotional Survival

8:30 AM to 11:45 AM

Presenter: *Kevin Gilmartin, Ph.D.*, Author and Motivational Speaker

Lunch - Buffet (Purchase Ticket)

11:45 PM to 1:15 PM

Yarnell Hill Fire Lone Survivor and CISM Responders – Panel of Speakers

1:15 PM to 2:30 PM

Presenters: *Brendan McDonough, Granite Mountain Hotshot* – Prescott Arizona Fire Department, *Scott Ross, Captain* – Los Angeles County Fire Department and *Steve Froehlich, Ph.D.* (Private Practice) – Los Angeles County Fire Department

Peer Support and Mental Health Response to the San Bernardino Terrorist Attack – Panel of Speakers

2:45 PM to 3:45 PM

Presenters: *Nancy K. Bohl-Penrod, Ph.D.*, Director – The Counseling Team International, *Anna Bell, Latent Fingerprint Examiner II* – San Bernardino County Sheriff's Department, and *Deborah Silveria, Ph.D.*, – The Counseling Team International

The Response to the Aurora Colorado Theater Shooting

3:45 PM to 5:15 PM

Presenter: *Stephen Redfeare, Sergeant* – Colorado Aurora Police Department

Social Event

5:30 PM to 8:30 PM

Location: Hotel Terrace

Socialize with the public safety professionals and enjoy hors d'oeuvres and drinks. PSPSA will provide each attendee one drink ticket at registration.

Friends of Bill

7:00 PM to 9:00 PM

TRAINING SCHEDULE

Thursday, September 15, 2016

Good Morning – (2-Raffles)

8:00 AM to 8:15 AM

MC: *Mike Massey, Investigator*, San Diego District Attorney's Office (Retired)

Peer Support and Mental Health Response to a Line of Duty Death – Panel of Speakers

8:15 AM to 9:15 AM

Presenters: *Leslie Murray, Lieutenant* – Downey Police Department, *Nelda St. Clair, National Critical Incident Stress Program Manager* – Bureau of Land Management, *Mynda Ohs, Ph.D.*, - The Counseling Team International

Role of a Public Safety Chaplain

9:15 AM to 10:15 AM

Presenter: *Chuck Price, Chaplain* – El Cajon and San Diego Police Departments

My Story – The Story of a California State Correctional Sergeant

10:30 AM to 11:45 AM

Presenter: *Paul Trevino, Sergeant* – California Department of Corrections

Lunch – Buffet (Purchase Ticket)

11:45 AM to 1:15 PM

Overcoming Adversity – Panel of Speakers

1:15 PM to 3:15 PM

Peer Support for Injured Officers

Speaker: *Sarah Shirvany, Officer* – Anaheim Police Department

Peer Support for the Loss of a Child

Speaker: *Mike McGrew, Sergeant* – Santa Barbara Police Department

A Paramedic Recently Attacked on Duty Recovers from PTSD

Speaker: *Ben Vernon, Firefighter* – San Diego Fire and Rescue Department

Developing a Respectable Peer Support Team the Hard Way – Panel of Speakers

3:30 PM to 4:45 PM

Presenters: *Erin Brisben, Sergeant*, and *Karen Moss, Deputy* – Clackamas County Sheriff's Department (Oregon) and *Garen Weitman, Psy.D.* (private practice)

Closing - (2-Raffles)

4:45 PM to 5:00 PM

MC: *Mike Massey, Investigator* – San Diego District Attorney's Office (Retired)

Dinner on Your Own

Friday, September 16, 2016

Good Morning – (2-Raffles)

8:00 AM to 8:15 AM

MC: *Mike Massey, Investigator*, San Diego District Attorney's Office (Retired)

Building a Resilient Peer Support Program

8:15 AM to 9:30 AM

Presenter: *Ken Middleton, Ph.D., Peer Support Coordinator* – U.S. Immigration and Customs Enforcement (ICE)

Bullet Proof Mind

9:45 AM to 12:30 PM

Presenter: *Lt. Colonel Dave Grossman, Ph.D.* – Author and Motivational Speaker

Closing Ceremonies

12:30 PM to 1:00 PM

Lorenzo Glenn, Lieutenant – Anaheim Police Department, **PSPSA President** and *Anna Bell, Latent Fingerprint Examiner II* – San Bernardino County Sheriff's Department, **PSPSA Vice President**



HOTEL INFORMATION

Hotel

The Dana on Mission Bay
1710 W. Mission Bay Drive
San Diego, CA 92109

Conference group is \$155 per night (Group name: PSPSA). Please contact the Dana Reservation Desk at 800-445-3339 for more information.



A waterfront resort enveloped by tropical landscaping, The Dana on Mission Bay delivers an exceptional lodging experience in a casual and relaxed atmosphere. Rest comfortably in a well-appointed guestroom or two-room suite overlooking Mission Bay. Delight in quality amenities such as two outdoor, heated swimming pools, a fitness center and private marina; including watersport and bicycle rentals on-site. The location is both family and business friendly. The Dana on Mission Bay is less than one mile from Mission Beach and Belmont Park. It's the closest hotel to SeaWorld San Diego and a short drive to the San Diego Zoo and the San Diego Convention Center.



GENERAL AND REGISTRATION INFORMATION

Register Today!

Conference Fees & Policies

Register by August 15, 2016

Regular: \$345 per attendee – Includes one-year membership to association

Pre-conference: \$75 per attendee

Department Groups: \$285 per attendee (for 5 or more) – Includes one-year membership to association

Register after August 15, 2016

Regular: \$395 per attendee – Includes one-year membership to association

Pre-conference: \$100 per attendee

Department Groups: \$305 per attendee (for 5 or more) – Includes one-year membership to association

Onsite Registration

\$420 per attendee – Does not include one-year membership to association

Pre-conference: \$100 per attendee

Day-of-event registration is not guaranteed unless seats are available

Lunch

Lunch is available for purchase (pre-order) on Wednesday, September 14, and Thursday, September 15, for \$15 per person per day.

Refunds

Cancellations from August 1 through August 15, 2016 — Full refund less \$50 cancellation fee

Cancellations after August 15, 2016 — No refund but substitutions may be allowed

_____ First Name	_____ Last Name	_____ Title/Rank
_____ Department/Agency Name	_____ Email Address	_____ Phone Number
_____ Street Address	_____ City	_____ State and Zip

- Regular conference only: \$345
- Regular conference only + lunch Wednesday: \$360
- Regular conference only + lunch Thursday: \$360
- Regular conference only + lunch Wednesday + Lunch Thursday: \$375
- Regular conference + Pre-conference: \$420
- Regular conference + Pre-conference + Lunch Wednesday: \$435
- Regular conference + Pre-conference + Lunch Thursday: \$435
- Regular conference + Pre-conference + Lunch Wednesday + Lunch Thursday: \$450
- If you are attending the Pre-conference and would like team building for your peer support team, please check this box. (Your team will be assigned a room on a first come basis)**

If your department has a group of 5 or more, fill out the registration form for each attendee and you will be registered at the group rate.

Total amount enclosed: _____ (once registration is received you will receive a confirmation email)

Please make checks payable to PSPSA and send to P.O. Box 5956 Norco, CA 92860
You may also register online and pay with PayPal at www.pspsa.org



Public Safety Peer Support Association
P.O. Box 5956
Norco, CA 92860

Revised and Updated



Public Safety Peer Support Association
(PSPSA)
1st Annual Conference
Wellness on the Front Line

- Three and a half days of ***POST, STC, EMSA and ICEMA Certified*** Training
- Pre-conference with Peer Support Team Building
- Exhibitors
- Conference held in beautiful San Diego at Dana on Mission Bay

September 13-16, 2016

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